CARNEY CONSULTANCY

Client Newsletter

QUALITY, SAFETY, HEALTH, AND ENVIRONMENTAL (QSHE) TRAINING AND CONSULTANCY

PROTECT YOUR SIGHT

You Only Get One Pair of Eyes!

Every day in construction, workers are exposed to hazards that can cause serious eye injuries. Flying debris, dust, sparks, chemicals, and bright light are common risks on site. The good news is that most eye injuries are preventable with the correct protection.

Common Eye Hazards on Construction Sites

- Flying particles – dust, wood, metal, and stone fragments
- Protection: Safety Glasses / Goggles – EN166 (general impact protection)
- Chemicals & liquids – splashes from cleaning or construction products
- Protection: Chemical-resistant Goggles / Face Shields – EN166 (liquid droplets)
- Radiation – UV light from welding or bright sunlight
- Protection: Welding Helmets / Special Filter Lenses – EN169 (welding filters), EN170 (UV filters), EN171 (IR filters)
- Impact hazards – tools, nails, or falling objects
- Protection: High-impact Safety Glasses / Goggles – EN166 (impact resistance)
- Environmental factors – wind, dirt, or extreme weather
- Protection: Wraparound Safety Glasses / Goggles – EN166 (dust and particle protection), EN172 (sun glare filters)

Construction is a high-risk industry where injuries are unfortunately common. Each year, more than 2,000 eye injuries happen in UK workplaces, with a significant number in construction. Injuries can vary from minor irritations to serious trauma that may cause partial or total vision loss. Most of these incidents can be prevented by using proper PPE and following safety procedures.

Duties for employers

If you are an employer, you must supply suitable PPE to your workers. This includes ensuring that it has an appropriate conformity assessment mark.

Most new PPE placed on the GB market must be UKCA or CE marked, supplied with a declaration of conformity and have instructions in English.

UPCOMING TRAINING COURSES

To book on any of the training courses, please book online or contact the office.

Health and Safety Awareness

26th March
30th April
4th June
16th July
20th August
24th September
27th October
26th November
15th December

SSSTS

23rd/24th April
8th/9th June
7th/8th September
22nd/23rd October
10th/11th December

SSSTS Refresher

20th March
20th April
15th June
13th July
14th September
16th November
14th December

SMSTS (5 Day)

4th March
10th June
9th September
15th/16th October
11th November

SMSTS Refresher

30th/31st March
21st/22nd May
29th/30th June
21st/22nd September
15th/16th October
23rd/24th November

Directors Role

10th March
9th July
19th November

Face Fit – Train the Tester

3rd March
2nd July
19th November

Abrasive Wheels

17th March
16th April
19th May
21st July
18th August
17th September
13th October
10th November
8th December

Safe Working at Height

17th March
16th April
19th May
21st July
18th August
17th September
13th October
10th November
8th December

Asbestos Awareness

12th March
14th April
12th May
2nd June
7th July
4th August
6th October
5th November
17th December

Manual Handling

12th March
14th April
12th May
2nd June
7th July
4th August
6th October
5th November
17th December

e-Learning Courses

Learn at your own pace

Available 24/7 on mobile, tablet, or computer

Certificate provided on completion

Don't miss out – complete your training today!

Find out more about our e-learning courses at **www.carneyconsultancy.co.uk/e-learning**

NUTRITION AND HYDRATION WEEK

16 – 22 March 2026

Nutrition & Hydration Week is an annual awareness campaign, first launched in 2012, celebrated every March. Its purpose is to highlight, promote, and celebrate improvements in how nutrition and hydration needs are addressed in health and social care settings, and increasingly across broader communities.

Find out more at **nutritionandhydrationweek.co.uk**

Key Characteristics for Good Nutritional Care

Snapshot Summary

Aspect	Details
When	Annually, typically the third week of March (e.g., 16–22 March 2026)
Purpose	To highlight and improve nutrition and hydration in care and wider settings
Signature Event	Global Tea Party (Wednesday of the week)
Key Offers	Free resources (posters, guides, recipe templates, etc.)
Who Can Participate	Anyone—healthcare, social care, community groups—globally

Using personal protective equipment (PPE) to control risks at work: Using the right type of PPE - HSE

Eye Protection Construction: Keep an eye on construction PPE

The Importance of PPE in the UK Workplace

CARBON FOOTPRINT

Without The Brick Bud, the construction industry loses 35 million bricks and 30,000 cubic meters of cement annually, representing 23% of wall loss from 189,000 houses built in 2022.

Reproducing these bricks and the associated cement emits approximately 57,000 tonnes of CO2 into the atmosphere, with utilising the staggering 0.57 percent.

This is equivalent to 32,083 diesel cars driving for a year.

LEGAL & LIABILITIES

Understanding the legal risks and liabilities in construction is crucial for ensuring the safety of workers and the stability of structures.

Worker Safety & Structural Stability: Essential in the construction industry to avoid injuries and damage.

Liabilities for Wall Collapse: Contractors, senior management, health and safety officers, and sub-contractors are responsible.

High-Wind Risks: Unstable brick walls can cause costly damages and injury claims.

Consequences of Neglect: Corporate manslaughter, unlimited fines, and voided public liability insurance.

Proven Safety: Supported by rigorous testing (Finite Element Analysis, Temporary Works Designs, independent reports).

Peace of Mind: Using The Brick Bud ensures compliance, reduces liabilities, and maintains safety standards.

AWARD WINNING BRICK BUD

Proud to have won and been nominated for a number of industry recognised awards.

CONTACT US

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www.harrisbricksafetysystems.com

HARRIS BRICK SAFETY SYSTEMS

TRANSFORMING THE CONSTRUCTION INDUSTRY, ONE BRICK AT A TIME

CUSTOMER FEEDBACK

The construction industry has been missing this type of product for a very long time. I can honestly say that the Brick Bud is a welcomed addition the building site that is going to revolutionise how we brace our walls to avoid any accidents.

We have lost tens of thousands of pounds worth of materials and this could of been a lot worse. The brick bud will not only help keep my operatives safe from a serious injury but will also assist our sites in contributing to net zero as well as reduce monetary losses.

ALAN THORPE, *CREST NICHOLSON*

Stockton Riverside College brickwork staff and students are now fully trained and certified in the use of the Harris Brick Safety Systems. The training included in-depth health & safety instruction alongside impressive practical demonstrations, ensuring a comprehensive understanding of the system's application and best practices.

Thanks Carl Harris

ALEX THOMPSON, *CURRICULUM MANAGER*

THE BRICK BUD

The Brick Bud is more than just an insanely practical addition to any building site. This revolutionary brick and multiple considerations in mind.

Safety First: Reduces and prevents accidents, near misses and fatalities.

Efficient Assembly: Optimised production to avoid issues with single-person assembly.

Economic Benefits: Direct improvement to economic impact.

Gone are the ad-hoc, unsafe and untested methods. Say hello to The Brick Bud - The only safe bracing solution with a comprehensive 75-page TWC and a physical engineer report. Reduce your carbon footprint and ensure site safety with The Brick Bud.

MEET THE DIRECTOR

Carl's life took an unexpected turn due to a life-changing injury on site. Despite enduring lasting physical pain and suffering, this personal challenge served as the catalyst for the development of the Brick Bud system. Driven by a desire to improve safety and effeciency on construction sites. Carl dedicated himself to creating a solution that would benefit workers and the industry as a whole.

CITB GRANT CHANGES FOR APPRENTICESHIPS

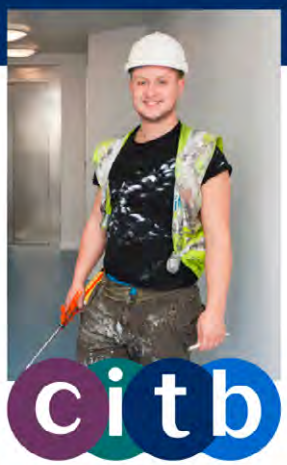
There have been a few updates to the CITB grants for work experience and apprentices. Now if a company is CITB registered the grants are now:

£500 if you take a Full Time Learning (FTL) student on 30 hours work experience

£1,000 if you employ a student from FTL to an apprenticeship

£2,500 each year for the two years of the APPRENTICESHIP

£3,500 on completion of the NVQ level 2 / 3



citb

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£10,000 GRANT AVAILABLE*

citb

*OVER 2 YEARS